

Resultater: 19.01.2023 Natløbstræning Palsgård

Mellemsvær 4,3 km

1	Eskild Stig Nielsen	Horsens OK	43,43
2	Astrid Lykke Nielsen	Horsens OK	62,57
3	Villy Kjeldsen	OK Snab	81,35
	Lars Svinth Nielsen	OK Snab	dns

Svær kort 4,7 km

1	August Gabs	TVO	40,40
2	Malthe Malik Svinth Kongsgaard	TVO	46,35
3	Camilla Eskildsen	TVO	46,35
4	Poul Erik Buch	OK Gorm	52,46
5	Brian Knudsen	OK Snab	57,00
6	Britta Ank Pedersen	Horsens OK	58,34
7	Søren Germann	OK Gorm	61,56
8	Carl Malling	Randers OK	65,41
9	Jesper Madsen	OK Snab	70,13
10	Gitte Isen	Herning OK	78,08
11	Knud Jespersen	OK Snab	80,27
12	Max Hansen	OK Djurs	81,40
13	Ole Hoffmann	OK FROS	85,46
14	Lars Munch	OK Snab	90,08
15	Torben Isen	Herning OK	90,13
	Helle Schou	OK Snab	mp
	Sven Madsen	OK FROS	mp
	Niels Møller Petersen	OK FROS	mp
	Hans Jørgen Vad	Horsens OK	mp
	Frank Krog Jensen	Horsens OK	mp
	Asger Kristensen	Herning OK	mp
	Lola Eskildsen	OK Snab	mp
	Johan Dalgaard	TVO	mp
	Karl Martin Pedersen	OK Snab	mp
	kate kanstrup Nielsen	OK Snab	dns
	Hans Chr. Strib	OK Gorm	dns
	Ove Hvam Andersen	OK Gorm	dns

Svær Lang 7,7 km

1	Laurits Bidstrup Møller	Silkeborg OK	51,50
2	Caroline Gjøtterup	Faaborg OK	60,58
3	Jonas Gabs	TVO	61,15
4	Lukas Verhelst	Horsens OK	63,03
5	Magnus Lindahl	TVO	75,43
6	Magnus Madsen	TVO	75,44
7	Thomas Emil Jensen	Horsens OK	82,22
8	Filip Verhelst	Horsens OK	87,42
	Niklas Hjort Ingwersen	Horsens OK	mp
	Søren Skaug	OK Pan	mp
	Jens Liengård	OK Snab	mp
	Søren C. S. Andersen	Herning OK	dns
	Eva Örnhagen Jørgensen	TVO	dns